True Labs

Prenatal Blood Collection Procedure

Specimen Collection Procedure:

- Take the kit to your OB GYN or primary care physician for a blood draw. If you would like us to schedule a specialist for an in-home draw, please visit <u>PaternityLab.com/Prenatal</u>
- **Blood Collection for Mother:** Using an 18g needle, draw blood from the mother into each of the 2 tubes provided.

*FOR OPTIMAL RESULTS:

- THE MOTHER SHOULD BE AT LEAST 10 WEEKS INTO GESTATION
- THE MOTHER SHOULD BE FASTING 10-12 HOURS
- A MORNING BLOOD DRAW IS RECOMMENDED

*DO NOT DRAW BLOOD ON A FRIDAY; OVERNIGHT RETURN SHIPPING IS NOT AVAILABLE ON WEEKENDS.

• Buccal Swab collection for Alleged Father: Rub each swab firmly against the inside of the cheek for 10 strokes. Rotate the swab while rubbing from front to back. Use 2 swabs for each cheek and place used swabs inside the buccal swab envelope. Close the envelope seal when all 4 swabs are inside.

Label Specimens:

- 1. Label each tube with the patient's name, date of birth, collector's initials, date, and time of collection.
- 2. Verify the accuracy of the information on each label with the patient or legal custodian.

Package Specimens:

- 1. Gently invert each tube before placing them in the provided tube holder.
- 2. Place the tube holder with the tubes into a biohazard-labeled bag.
- 3. Place the biohazard bag into the provided box.
- 4. Seal the outside of the box with tamper-proof tape then initial and date the tape.

Shipping Procedure:

- 1. Place the sealed box into the provided return mailer and securely seal it.
- 2. Take the package to the designated shipping courier as indicated on the return mailing label and drop it off.

BLOOD DRAW NEEDS TO BE SHIPPED THE SAME DAY AS COLLECTED.