



### Step 1

Fill out the white specimen envelope with the donor's information. (One person per envelope).



### Step 2

Using the provided gloves, collect a **minimum of 5 nail clippings** and place them in the small paper envelope. To avoid contamination, **DO NOT** touch the nail clippings without gloves.



# Step 3

Pull the tab off the flap of the small paper envelope and press to seal.



# Step 4

Place the small paper envelope with nail clippings back into the white specimen envelope you wrote the donor's information on.





## Step 5

Repeat Steps 1 - 4 if there is more than one donor sample being collected.



# Step 6

Put the white specimen envelope(s) into the larger pre-labelled return shipper.



### Step 7

Take the package to the designated shipping courier, as indicated on the return mailing label, and drop it off.



Remember to save your tracking number so you can track your package back to the lab.

Questions?