



Step 1

Rinse the mouth with water, then swallow to remove excess saliva from the mouth.



Step 2

Remove one swab from the wrapper, holding the wooden end only.



Step 3

Rub one swab firmly on the inside of the cheek for 30 seconds, twirling the swab to coat all sides with cheek cells. Then place the swab (cotton end first) back into the original wrapper.

Questions?

Call 1-866-522-1142

PaternityLab.com 11150 S. Wilcrest Dr. Suite 100, Houston TX. 77099



Step 4

REPEAT Steps 2 and 3 on either cheek with the 2nd, 3rd and 4th swabs.



Step 5

Fill out the information on the front of the envelope, place all 4 used swabs into it, then seal it. One person per envelope.



Step 6

Put all labeled collection envelopes (each sealed, with 4 used swabs inside) into the larger return packaging, then drop it off at any FedEx location. **NO POSTAGE IS NECESSARY.**

Remember to save your tracking number so you can track your package back to the lab.

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